

# ***RUN WITH YOUR HEART***

MAKE A DIFFERENCE  
SHOW YOUR SUPPORT

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**SINGAPORE ASSOCIATION FOR MENTAL HEALTH**

69 Lorong 4 #01-365  
Toa Payoh  
Singapore 310069

# ***RUN WITH YOUR HEART***

WORLD MARATHON CHALLENGE JAN 2016  
NORTH POLE MARATHON APR 2016

IN SUPPORT OF  
THESE ORGANISATIONS



# RUN WITH YOUR HEART

MAKE A DIFFERENCE  
SHOW YOUR SUPPORT

The Finance Department  
Singapore Association for Mental Health  
69 Lorong 4 Toa Payoh #01-365  
Singapore 310069

Run with your Heart supports five charitable organisations through their participation in the World Marathon Challenge 2016 and the North Pole Marathon 2016:

- Singapore Association for Mental Health
- Alzheimer's Disease Association
- Caregivers Alliance Limited
- Samaritans of Singapore
- WE CARE Community Services

All proceeds raised will go towards assisting the programmes and services of these organisations.

**Donations for this event will be accepted and processed by SAMH on behalf of all participating charities.**

I WISH TO DONATE

- \$50,000     \$25,000     \$10,000  
 \$5,000     \$2,000     \$1,000  
 \$500     Others (Please Specify): \_\_\_\_\_

Bank: \_\_\_\_\_  
Cheque No.: \_\_\_\_\_

Cheque Payable to: **Singapore Association for Mental Health**

**PLEASE TICK**

- I would like to be kept informed of key SAMH activities through e-mail.  
 I would like to donate monthly through GIRO. Please send me details.

FOR INDIVIDUAL DONATIONS

\* Name: Dr/Mdm/Mr/Mrs/Ms

\* NRIC/FIN No.: \_\_\_\_\_

FOR COMPANY DONATIONS

Company Name: \_\_\_\_\_

UEN No./Business Reg. No.: \_\_\_\_\_

Contact Person: \_\_\_\_\_

CONTACT DETAILS

Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Contact: (Home) \_\_\_\_\_

(Office) \_\_\_\_\_

(Mobile) \_\_\_\_\_

Email: \_\_\_\_\_

Signature

Date

\*NRIC/FIN/UEN is required by IRAS for auto-inclusion of donation for tax deduction in the tax assessment.

By providing the information set out in this form, I/we agree and consent to Singapore Association of Mental Health (SAMH) collecting, using, retaining and disclosing my/our personal data provided above and disclosing such relevant third parties for purposes reasonably required by SAMH to process my donation to SAMH.

THANK YOU FOR  
YOUR KIND GENEROSITY

